



## CPR

### Cardiopulmonary Resuscitation

Provides knowledge and skills required to deliver CPR to an unconscious, non-breathing person.

### Training options

#### Online + 1.5 hours face-to-face assessment

- Online learning for those that like the flexibility of choosing their own study time
- 1.5 hour face-to-face assessment
- CPR wallet card

#### 3 hours face-to-face

- No pre-study required
- Delivered by experienced paramedics and nurses
- Detailed PDF workbook and CPR wallet card
- One manikin for every learner

#### Location

- Group training at your place of work, or
- Individuals and groups can come to one of our many training venues

#### Assessment

- Demonstrate competent CPR performance on an adult and infant manikin
- Participate in a first aid scenario, involving the use of an AED
- Complete a written assessment

Upon successful completion, a Statement of Attainment in HLTAID001 Provide cardiopulmonary resuscitation is issued. RTO 104032



## Scenario Training

### Professional Development for First Aiders

Most organisations will conduct regular fire drills to ensure that their people are ready to act should an emergency occur. The inherent value from these drills comes from the debrief and evaluation of staff performance.

Similarly, it is important that first aiders are ready to act in the event of a first aid emergency. The scenario training provides insight into the readiness of first aiders to respond and helps to keep their skills sharp.

### Training options

#### 2.5 hours face-to-face

- Delivered by experienced nurses and paramedics
- Scenarios are contextualised to your workplace
- A lifesize trauma manikin is utilised for realistic training
- Full incident debrief at the end of each scenario

#### Location

- Group training at your place of work